

French Connection

BISTRO



LUNCH MENU

LIGHT MEALS

PAN-FRIED CHICKEN LIVERS
bacon lardons, baby spinach, Port jus,
toasted brioche 110

SPINACH & MUSHROOM ARANCINI
roasted red pepper dressing, coriander,
lemon & almond pangrattato 155 (V)

TEMPURA PRAWNS
honey, ginger & garlic soy
and Japanese mayo (3)140 | (6)280

CHARCUTERIE BOARD
Winelands artisanal charcuterie selection
with red onion marmalade, local olives
and a bread basket 135

FRENCH CONNECTION CHEESE BOARD
a selection of local winelands cheeses
with preserves and a bread basket 135

CHARCUTERIE & CHEESE BOARD
a combination of the best of both worlds,
with couscous, baby leaves and
a bread basket 175

SALADS & WRAPS

add a side bowl of French fries for 20 | 30

GRILLED HALLOUMI
shaved fennel, cabbage, lentil & orange
salad, roasted garlic cream 120 (V)

GRILLED CALAMARI & SPANISH CHORIZO
roasted tomatoes, olives,
wild rocket, salsa verde 135

APPLE WOOD-SMOKED CHICKEN
avocado, roasted beetroot, bacon,
lime crème fraîche 130

PULLED BEEF SHORT RIB
harissa paste, sweet red onion relish,
hummus, rocket, confit cherry tomato,
smoked BBQ mayo 130

MAINS

FALAFEL 'BURGER'
black mushroom, harissa hummus,
roasted rosa tomatoes, whipped herb feta,
crispy onion shavings (no bun) 165 (V)

FRANSCHHOEK TROUT FISHCAKES
capers, olives, tomato, chive yoghurt
dressing, trout caviar, chilli oil 195

DAILY FRESH FISH
(200g portion)
(we'll give you details) SQ

MOULES FRITES
fresh mussels with white wine, cream
and garlic (when available) 110 | 185
(no French fries with starter portion)

CHICKEN SCHNITZEL BURGER
crispy onion rings, BBQ mayo,
tomato, red onion & avocado salsa,
French fries 135

CRISPY 5-SPICE PORK BELLY
Vietnamese salad, chilli, ginger,
lime & mint dressing 185

SPINACH & MUSHROOM STUFFED CHICKEN BREAST
celeriac purée, grilled corn,
wholegrain mustard sauce 175

VEAL SCHNITZEL
three-mushroom sauce (180g) 180

BEEF FILLET STROGANOFF
mushrooms, dill cucumber,
sour cream, smoked paprika
on savoury rice (150g) 190

FILLET MIGNON
on a crouton, three-mushroom sauce,
French fries (180g) SQ

SLOW-ROASTED, FREE-RANGE CRISPY DUCK
caramelised berries, raspberry vinegar jus
(when available)
duck legs 225
half duck SQ

ROASTED SPRINGBOK LOIN
red cabbage, fresh asparagus,
sour fig jus (180g) 220

SIDE SALADS

baby leaf salad, mustard vinaigrette 26

garden salad 30

tomato & red onion salad 30

VEGETABLES

extra bowl of French fries 20 | 30

onion rings 30

extra bowl of vegetables 35

sautéed mushrooms in
garlic & herb butter 50

PLEASE NOTE that certain menu items may
contain traces of nut, egg, soya, wheat and
other allergens. We are therefore unable
to guarantee the absence of the above
ingredients in the menu items.



STEAKS

All our steaks are A-grade meat, hung for one week
and wet-aged in vac pac for at least two weeks.
We hope you can taste the difference. Our steaks
can be basted with one of the following bastings of
your choice: Red wine BBQ, fresh herbs and olive
oil or crusted with black pepper and mustard seeds.
Our steaks are served with French fries or potato
of the day and vegetables (where applicable).
A garden side salad can be substituted for
fries & veg for those avoiding carbs!

RUMP
300g portion 170

SIRLOIN
200g portion 150
300g portion 180

FILLET
250g portion SQ

MARINATED KAROO LAMB RUMP STEAK
200g portion 195

Due to the massive seasonal fluctuations
in the price of beef fillet, fish and duck the
price will reflect on the daily specials board.

SAUCES & BUTTERS

Au poivre · Béarnaise

Three-mushroom cream

Café de Paris butter

Garlic & parsley butter

Bone marrow butter 35

DESSERT

CRÈME BRÛLÉE
orange & almond biscotti 80

ESPRESSO PANNA COTTA
coffee syrup, dark chocolate sticks,
chocolate coffee beans 80

WARM BELGIAN CHOCOLATE TART
chocolate spring roll,
cream or ice cream 80

FRESH SUMMER BERRIES
homemade strawberry yoghurt
ice cream, crushed meringue,
caramelized hazelnuts 85

FRENCH CONNECTION CHEESE BOARD
a selection of local cheeses, preserves,
biscuits (we'll give you details) 135

TRIO OF BELGIAN CHOCOLATES
35

Please note that a 10% discretionary service charge will be added to parties of eight or more.